

## SEMAGLUTIDE WEIGHT LOSS INJECTION AND CARE INSTRUCTIONS

1. **Medication will be shipped to you cold. Refrigerate medication immediately.** Keep it in the refrigerator not the freezer. Do not freeze the medication.
2. **Medication will be shipped in vials. Open and use one vial at a time. Do not open the next vial until the first vial is empty.**
3. **Use the supplied needles to draw the medication into the syringe from the vial and inject it into your body. Never reuse the same needle after injecting.**
4. **Alcohol Wipes:** Use an alcohol wipe to clean the top of the vial before putting in the needle to draw out the medication. Repeat this every time you draw medication. Use the same alcohol wipe to clean the area of the skin before injecting.
5. **Where can you give the injection?**

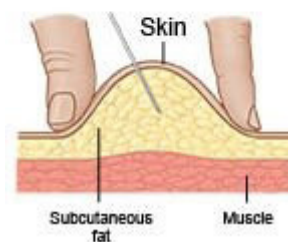
- **Abdomen:** Uncover your abdomen. You may give the injection within the following area: 2-3 inches below the belly button or 2-3 inches on each side of the belly button.
- **Thigh:** Uncover the entire leg. Find the area halfway between the knee and hip and slightly to the side. Gently grasp the area to make sure you pinch 1 to 2 inches of skin.
- **Upper Arm:** Uncover the arm to shoulder. Find the area halfway between the elbow and shoulder. Gently grasp the skin at the back of the arm between your thumb and first two fingers. You should be able to grasp 1 to 2 inches.

**NOTE:** Always move the needle to different spots.  
Never inject the same spot in consecutive weeks.

Subcutaneous Injection



Pinch and inject



### What to do if a dose is missed.

- If one dose is missed and the next scheduled dose is more than two days later (48 hours), administer as soon as possible.
- If one dose is missed and the next scheduled dose is less than 28 hours away (48 hours), do not administer the dose; resume dosing on the regularly scheduled day of the week.